

## Recovery Works Training Guidelines

Below you will find a summary of all the trainings and where you can locate them. Please note, any training that has not yet been delivered or made available is in the process of being scheduled.

As noted in the Recovery Works Policies and Procedures Manual all Recovery Works trainings (unless otherwise noted) will need to be completed by **June 30, 2016**.

Below you will find a list of the required Recovery Works trainings with participant requirements, descriptions, and links:

### ❖ **Motivational Interviewing**

- Participants: **All staff** (clinical and non-clinical) who are involved with Recovery Works must be trained in Motivational Interviewing.
- Exceptions: Licensed Professionals, and QBHPs who have received Motivational Interviewing supervision and who have attended a MINT (Motivational Interviewing Network of Trainers) training within the last six months are eligible to view a webinar in order to verify competence.
- Description: Motivational Interviewing is a clinical approach that helps people with mental health and substance use disorders and other chronic conditions such as diabetes, cardiovascular conditions, and asthma make positive behavioral changes to support better health. The approach upholds four principles— expressing empathy and avoiding arguing, developing discrepancy, rolling with resistance, and supporting self-efficacy (client's belief s/he can successfully make a change). *(Note: Finalizing training schedule and details, which will start in late April)*
- Webinar: for those that have received MI supervision and training within the past six (6) months can view the webinar at <http://bit.ly/motivationalinterviewingwebinar>

### ❖ **DMHA Online: Recovery Model**

- Participants: **All staff** (clinical and non-clinical) who are involved with Recovery Works must view this webinar.
- Description: This webinar introduces the Recovery Model. This webinar is intended to provide a holistic understanding of mental health recovery and the evidence-based paradigm of mental health recovery. The mental health Recovery Model is an evidence-based treatment concept wherein a service environment is designed such that consumers have primary control over decisions about their own care. This is in contrast to most traditional models of service delivery, in which consumers are instructed what to do, or simply have things done for them with minimal, if any, consultation for their opinions.
- Webinar: You can view the webinar by visiting <http://bit.ly/recoverymodelwebinar>

### ❖ **DMHA Online: Working with the Justice Involved**

- Participants: **All staff** (clinical and non-clinical) who are involved with Recovery Works must view this webinar.
- Description: This webinar introduces criminogenic risk and need, restorative justice, and trauma informed care. This webinar is intended to provide a holistic understanding of the unique factors that can (both positively and negatively) impact recidivism and recovery.
- Webinar: You can view the webinar by visiting <http://bit.ly/justiceinvolvedwebinar>

### ❖ **Adult Needs and Strengths Assessment (ANSA)**

- Participants: **All clinical staff performing assessments** who are involved with Recovery Works must complete this training.
- Description: As an information integration tool, the Adult Needs and Strength Assessment (ANSA) tool supports communication in a complex environment. The ANSA integrates information from

whatever sources are available. To accurately reflect the needs and strengths/resources of individual, consider the six key characteristics of a communimetric tool and scoring guidelines. Training and maintaining certification are required to use the ANSA tool. The ANSA is an effective integration information tool for use in the development of individual plans of care, to monitor outcomes, and to help design and plan systems of care for adults with behavioral health (mental health or substance use) challenges.

- Training: <https://canstraining.com/lshmidt/indiana-ansa-1>
- ANSA Super User: Each Agency MUST have no less than one (1) ANSA Super User by January 1, 2017. Dates for trainings can be found on the Recovery Works program website.

#### ❖ **DARMHA Training**

- Participants: **Staff that work directly with DARMHA or Data entry** who are involved with Recovery Works must complete this training.
- Description: The Data Assessment Registry for Mental Health and Addiction (DARMHA) was developed to support the use of information about the strengths and needs of individuals to help make decisions, to monitor progress and to improve quality. Using the Adult Needs and Strengths Assessment (ANSA) assessment information, DARMHA calculates algorithms or decision model thresholds to inform intensity of care decisions, and produces individualized and aggregate reports regarding needs and strengths, outcomes, and trends.
- Webinar: You can view the webinar by visiting:
  - Community Mental Health Centers (CMHC) <http://bit.ly/cmhcDARMHAWebinar>
  - Non-CMHC <http://bit.ly/noncmhcDARMHAWebinar>

#### ❖ **Online Policies and Procedures**

- Participants: **All staff that are in a supervisory roles** who are involved with Recovery Works must view this webinar.
- Description: An introduction to the policies and procedures of the Recovery Works program.
- Webinar: You can view the webinar by visiting <http://bit.ly/policiesandprocedureswebinar>

#### ❖ **Personal Safety or Non-violent Crisis Intervention Training**

- Participants: **All staff** (clinical and non-clinical) who are involved with Recovery Works.
- Description: Personal Safety or Non-violent Crisis Intervention Training is used to facilitate recovery, mitigate trauma, and reduce risk. The emphasis is on early intervention and nonphysical methods for preventing or managing disruptive behavior. Skills of disengagement should prepare staff to safely remove themselves and others from a dangerous situation. *(Note: This should be offered in house and you should provide us with documentation of how you complete. If this training is not currently offered in-house, Recovery Works state staff will be offering trainings in the future. Dates and training pending. Due date of training extended beyond June 30, 2016.)*
- Source: N/A